



NEWS RELEASE

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CTG TO PRESENT ON NOVEMBER 6, 2007 AT THE FIFTH ANNUAL WESTERN NEW YORK INVESTORS CONFERENCE

BUFFALO, N.Y. — October 30, 2007 — CTG (NASDAQ: CTGX), an international information technology (IT) staffing and solutions company, today announced that its Chairman and Chief Executive Officer James R. Boldt will present on Tuesday November 6, 2007 beginning at 3:30 PM Eastern Time at the Western New York Investors Conference being held at the Rochester Marriott Airport Hotel in Rochester, New York.

A copy of CTG's presentation materials will be available on the Company's web site at <http://www.ctg.com> after 3:30 PM Eastern Time on November 6, 2007 and archived there for 60 days following completion of the presentation.

Backed by 41 years' experience, CTG provides IT staffing, application management outsourcing, consulting, and software development and integration solutions to help Global 2000 clients focus on their core businesses and use IT as a competitive advantage to excel in their markets. CTG combines in-depth understanding of our clients' businesses with a full range of integrated services and proprietary ISO 9001:2000-certified service methodologies. Our IT professionals based in an international network of offices in North America and Europe have a proven track record of delivering solutions that work. More information about CTG is available on the Web at www.ctg.com.

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Today's news release, along with CTG news releases for the past year, is available on the Web at www.ctg.com.