



NEWS RELEASE

CONTACT:

Richard Dye, Director of Marketing Communications
(716) 887-7306
richard.dye@ctg.com

CTG RANKED EIGHTH LARGEST ON *MODERN HEALTHCARE'S* ANNUAL LIST OF THE TOP 20 HEALTHCARE MANAGEMENT CONSULTING FIRMS

BUFFALO, N.Y. — September 16, 2008 — CTG (NASDAQ: CTGX), an international information technology (IT) solutions and services company, announced today that CTG HealthCare Solutions (CTGHS), its business unit serving healthcare providers, was named by *Modern Healthcare* to its annual ranking of the 20 largest healthcare management consulting firms. CTGHS was ranked eighth on the 2008 list, based on its 2007 revenue in the healthcare provider consulting market. CTGHS was also eighth in the 2007 survey.

The list appears in the September 1, 2008, issue of *Modern Healthcare*, a publication of Crain Communications, a publishing company providing vital news and information to industry leaders and consumers.

“We are pleased to be recognized by *Modern Healthcare* as the eighth largest of the top 20 healthcare consulting providers,” said James R. Boldt, CTG Chairman and Chief Executive Officer. “CTG’s long-time focus on the healthcare market enables us to provide industry-specific technology and business solutions to a large and growing market which has unique and highly specialized needs. Our success at supporting the needs of the healthcare industry is the major contributor to the growth CTG is currently experiencing.”

CTG supports the healthcare provider market through its business unit, CTG HealthCare Solutions, which provides clinical, financial, and operational IT and business solutions to healthcare institutions, physician practices, and related organizations. Additionally, CTG serves the healthcare payer and the life sciences market through separate practices within its healthcare business. Collectively, these businesses contributed approximately 25% to CTG’s total 2007 revenue of \$325.3 million.

Modern Healthcare compiled the list based on 2007 healthcare revenue from provider consulting fees. The source was *Modern Healthcare’s* third annual Management Consultant Firms Survey. For more information about this list, visit www.modernhealthcare.com.

CTG HealthCare Solutions is a leading information technology consulting firm dedicated solely to helping healthcare institutions, physician practices, and related organizations achieve clinical and financial goals through effective technology and business solutions. More information about CTGHS is available on the Web at www.ctghs.com.

Backed by over 40 years' experience, CTG provides IT solutions and services to help our clients use technology as a competitive advantage to excel in their markets. CTG combines in-depth understanding of our clients' businesses with a full range of integrated offerings, best practices, and proprietary methodologies supported by an ISO 9001:2000-certified management system. Our IT professionals based in an international network of offices in North America and Europe have a proven track record of delivering high-value, industry-specific solutions. CTG serves companies in several industries and is a leading provider of IT and business consulting solutions to the healthcare market. CTG posts news and other important information on the Web at www.ctg.com.

This document contains certain forward-looking statements concerning the Company's current expectations as to future growth. These statements are based upon a review of industry reports, current business conditions in the areas where the Company does business, the availability of qualified professional staff, the demand for the Company's services, and other factors that involve risk and uncertainty. As such, actual results may differ materially in response to a change in such factors. Such forward-looking statements should be read in conjunction with the Company's disclosures set forth in the Company's 2007 Form 10-K and Management's Discussion and Analysis section of the Company's 2007 annual report, which are incorporated by reference. The Company assumes no obligation to update the forward-looking information contained in this release.

— END —

Today's news release, along with CTG news releases for the past year, is available on the Web at www.ctg.com.